

Kingwood Area Alumnae Panhellenic Association (KAAPA)

Sorority 101 Packet

All you need to start your journey as a sorority woman



KINGWOOD AREA
alumnae panhellenic

www.KingwoodPanhellenic.com

Facebook, Instagram & Twitter: @KWpanhellenic

kwoodpanhellenic@gmail.com

Sorority 101

The first step to the rest of your life

The purpose of the Sorority 101 program is to provide a realistic glimpse at what sorority life is and expectations for being a modern sorority woman. This packet will provide insight to the day to day operations of a sorority as well as grade point averages, chapter dues, campus and community involvement requirements.



How KAAPA helps you on your journey...

Through registering with KAAPA you are provided with access to alumnae representing a majority of the National Panhellenic Conference (NPC) sororities. What does that mean? It means that **KAAPA has local Lake Houston area representation for 14 of 26 active sororities** at top universities across the country. By registering with KAAPA our organization can distribute your sorority introduction packet to each of our affiliated sororities.

Once your introduction packet has been completed and received by KAAPA, we distribute these packets to the local representatives for each active sorority affiliate. By submitting your sorority introduction packet, you are indicating to local sorority alumnae in our area that you wish to be considered for sorority membership on the college campus that you plan to attend.

If a KAAPA sorority alumna writes a recommendation on your behalf to her sorority, she may request more details about your activities, honors/awards, and interests. Please be prepared to suggest the names of people who know you well such as a teacher, counselor, coach, or family friend.

The submission of a sorority introduction packet, however, does not guarantee that a reference will be written on your behalf. There is no way to guarantee a recommendation as these sorority alumnae are volunteers and this part of the process is private. It also does not guarantee that an invitation to join a sorority will be received. Every school is different and for this reason, KAAPA cannot monitor whether or not a recommendation was submitted on your behalf.

Why choose KAAPA? Choosing KAAPA provides you with a better understanding of what it means to be a sorority woman. Our panhellenic group is also a "one stop shop" to gain direct access to a variety of local area alumnae which greatly increases your chances of receiving an invitation to join a sorority.

Over 80% of women that use KAAPA's sorority introduction packet receive a bid to be a member of a sorority at their college campus.

At this time, KAPPA HAS ACTIVE members from the below chapters:

ALPHA DELTA PI	CHI OMEGA	KAPPA ALPHA THETA
ALPHA OMICRON PI	DELTA DELTA DELTA	KAPPA KAPPA GAMMA
ALPHA PHI	DELTA GAMMA	PHI MU
ALPHA XI DELTA	DELTA ZETA	PI BETA PHI
	GAMMA PHI BETA	ZETA TAU ALPHA

At this time, KAAPA DOES NOT have active members from the below chapters:

ALPHA CHI OMEGA	ALPHA SIGMA TAU	SIGMA DELTA TAU
ALPHA EPSILON PHI	DELTA PHI EPSILON	SIGMA KAPPA
ALPHA GAMMA DELTA	KAPPA DELTA	SIGMA SIGMA SIGMA
ALPHA SIGMA ALPHA	PHI SIGMA SIGMA	THETA PHI ALPHA

Sorority Introduction Packet

- CHECK LIST -

(X) when Complete	Action Item
	Résumé (<i>see KAAPA template</i>)
	Two Pictures (<i>headshot, full length—5MB max</i>)

Preparing your information packet:

1. **Résumé:** Your résumé should be the EXACT same format as the sample résumé template in this packet. The sample résumé template is also posted for downloading on the Sorority 101 page located at www.kingwoodpanhellenic.com/sorority-101.
2. **Most Recent GPA/Rank:** Please use your most recent report card to list your GPA and class rank on your résumé. If your grades and rank are not available online, you can also request an unofficial transcript from your high school, community college or university registrar.
3. **SAT/ACT:** Visit your college board or ACT website to verify your most recent test results.
4. **Two Pictures:** Your pictures do not have to be professional shots, but do dress conservatively. We suggest one head shot and one full length photo of you standing.

4.1. Things to avoid:

- 4.1.1. Your photos should not include exposed midriffs, exposed cleavage, hats, pets, cars, friends or boyfriends.
- 4.1.2. Do not drastically change your hair or wear heavy makeup in your photos. These packet photos are how chapter members will identify you.

*****PACKET DEADLINE*****

Due by Monday, May 9, 2022 by End of Day/Midnight

Sorority Introduction Packet

- DIGITAL ASSEMBLY -

Please send one email directly to KAAPA via kwoodpanhellenic@gmail.com formatted as requested below:

- **Email Subject Line:** Full Name – Packet Submission
 - e.g., **Suzy Smith – Packet Submission**

- **Packet PDF file:**
 - Save your résumé as a PDF with the file name as your full name
 - e.g., **Suzy Smith Packet**
 - If you are unsure about which university you are attending, you will need two résumés; each one labeled by school.

- **Two Pictures:**
 - Save individually as JPEGs, PNGs or PDFs no larger than 5MB each and labeled with your full name
 - e.g., **Suzy Smith Pic 1 and Suzy Smith Pic 2**

NOTE: If submitting two packets, please notify KAAPA as soon as you have made a final decision on which university you will be attending.

PACKET DEADLINE

Due by Monday, May 9, 2022 by End of Day/Midnight

After you have submitted your packets to KAAPA, make sure to go to **your university's Greek Life website** to register for the Panhellenic on-campus recruitment process.

Then, upon completion of the on-campus recruitment process, please email the KAAPA Board at kwoodpanhellenic@gmail.com with your recruitment results even if you decided not to go through the recruitment process or did not accept a bid to any sorority. This information is important for our statistics and reporting process.

SUZY SMITH

FULL NAME: Suzanne Emily Smith

NICKNAME: Suzy

ADDRESS: 1000 Kingwood Drive, Kingwood, TX 77339

PHONE: 281-555-5555 **CELL:** 281-555-1234

PERSONAL EMAIL: abc@xyz.com

PARENTS EMAIL: 123@xyz.com

FACEBOOK: /suzysmith9999

INSTAGRAM: @suzysmith9999

TIKTOK: @suzysmith9999

TWITTER: @suzysmith9999

BIRTHDATE: March 5, 2004

COLLEGE ATTENDING: University of Texas at Austin

COLLEGE MAJOR: Business Administration

COLLEGE ORIENTATION DATE: June 12-15, 2022

COLLEGE RESIDENCE HALL/DORM: Jester West

UPCOMING YEAR IN SCHOOL: Freshman

EDUCATION

- 2018 – 2022 Graduate of Kingwood High School 2022
 - Class Rank: 60/610
 - GPA: 4.909/5.0 3.609/4.0

- 2021 – 2022 Lone Star College Kingwood (Dual Credit)
 - 12 College Credit Hours
 - President's List Spring 2022 (over 3.5 GPA)

- SAT Composite Score: 1970
 - Writing: 690 Math: 630 Reading: 650

- ACT Score: 33

SCHOLARSHIPS

- Humble ISD Coca-Cola Fund Scholarship
- KHS Band Booster Club Scholarship
- KHS Fillies Booster Club Scholarship
- Jack Fields Scholarship

EXTRACURRICULAR ACTIVITIES

- KHS Kingwood Mighty Mustang Military Marching Band 2018 – 2022
 - Section Leader – Sophomore through Junior
 - Flag Captain – Junior
 - Drum Major – Senior
 - All District Band – Freshman through Senior
 - All Region Band – Freshman through Junior
- KHS Fillies Dance & Drill Team 2020 – 2022
 - Social Secretary Officer – Sophomore
 - Line Leader – Junior through Senior
 - Marching Auxiliaries (MA) All-Star Dance Solo – 1st Place – Senior
- KHS Soccer Team 2019 – 2021
 - Freshman Goalie – Freshman
 - Junior Varsity Goalie – Sophomore
- Student Council 2019-2020
 - Representative – Freshman
- KHS French Club 2019-2022
 - Treasurer – Junior
 - President – Senior
- National Charity League (NCL) 2018 – 2022
 - Corresponding Secretary – Freshman
 - Historian – Sophomore
 - Philanthropy Vice President – Junior

- First Baptist Church 2018 – 2022
 - Youth Choir – Freshman through Senior

VOLUNTEER ACTIVITIES

- National Charity League (NCL) 2018 – 2022
 - Completed over 200 hours of community service projects
- First Baptist Church 2017 – 2020
 - Vacation Bible School Teacher – Sophomore through Senior
 - Completed over 200 hours of community service projects
- Humble Area Assistance Ministries (HAAM) 2020 – 2022
 - Story Time reading volunteer for children
 - Completed over 60 hours of community service during spring break

HONORS & AWARDS

- National Honor Society – Junior through Senior
- French National Honor Society – Junior through Senior
- National Charity League Mission Bell Award (Most Community Hours) – Freshman
- KHS French K Award – Senior

WORK EXPERIENCE

- ABC Restaurant Hostess – January 2020 until present
- Dance USA Dance Instructor – 2020 until present

PERSONALITY

- Friendly, Positive, Reserved, Introverted

INTERESTS

- Singing, Dancing, Writing, Baking, Piano, Swimming, Traveling

PARENTS & FAMILY

- Father: Michael Smith
 - Occupation: Accountant
 - Education: B.S., M.B.A. Texas A&M University

- Fraternity: Beta Beta Beta, Texas A&M University
- Mother: Michelle Smith
 - Occupation: Registered Nurse
 - Education: B.S.N. University of Texas
 - Sorority: N/A
- Sister: Sarah Smith
 - Occupation: Student, University of Texas
 - Classification: Senior
 - Sorority: Lambda Lambda
- Brother: Stephen Smith
 - Occupation: Student, Texas State University
 - Classification: Sophomore
 - Fraternity: Beta Beta Beta
- Aunt: Molly Smith Jones
 - Occupation: Financial Advisor
 - Education: B.B.A. University of Mississippi
 - Sorority: Alpha Alpha Alpha
- Grandmother: Marie Smith
 - Occupation: Financial Advisor
 - Education: B.B.A. University of Alabama
 - Sorority: Alpha Alpha Alpha

DID YOU KNOW

*Greeks are leaders. Leaders on campus, in businesses,
in their communities — just about everywhere.*

THE IMPACT OF SORORITY LIFE

Sorority life offers so much: friendship, leadership, service, social events, and more! The sorority is a home away from home for many young women.

It is a place to grow and mature. It provides leadership development and philanthropic opportunities. Your sorority sisters become your support network. You can lean on them for help. You rely on them to get you through good times and bad. You support each other. And you change and grow to become a better person because of them.

Being in a sorority is a positive life change that a collegiate woman can make.

SORORITY MEMBERSHIP... IT'S FOR LIFE

All sororities were created with the desire for friendship, leadership, achievement, and philanthropy while pursuing higher education.

The many benefits include:

- It offers you a home away from home.
- A sorority helps make the university smaller by providing an easy way to connect with others and gives you an opportunity to develop leadership skills.
- You will receive a lifetime of friendship through alumnae associations throughout the country and abroad where you can make new friends as you move to different locations.
- Alumnae groups are among the most noted organizations that support community non-profit organizations.
- Sorority membership offers benefits for a lifetime that are too numerous to mention

ABOUT KINGWOOD AREA ALUMNAE PANHELLENIC ASSOCIATION (KAAPA)

- Promotes friendship and cooperation among National Panhellenic Conference sorority members in the Kingwood, Humble, Atascocita, and Lake Houston area.
- Informs graduation senior girls about the value of sorority membership as part of the college experience.
- Provides sorority alumnae with pertinent information on girls from the Kingwood area who are going through recruitment at various colleges.
- Provides scholarships to help deserving girls attend college each year.
- Proceeds from this KAAPA event benefit the Kingwood Area Alumnae Panhellenic Collegiate Scholarship Fund. Contributions are greatly appreciated.

GENERAL INFORMATION

❖ PANHELLENIC SORORITY RECRUITMENT:

- Panhellenic sorority recruitment is a mutual selection process that is filled with activities designed to offer prospective members the chance to learn about the Panhellenic sororities in a concentrated period of time.
- It is an opportunity for students to meet the sorority members, ask questions, and define financial obligations, time commitments and membership requirements.
- Whether or not you decide to join a Panhellenic sorority, recruitment is a great way to meet people and get acquainted with life at your college or university.

❖ RECRUITMENT REGISTRATION IN KINGWOOD:

- Registering with KAAPA **DOES NOT** mean that you are registering with your university's Panhellenic for recruitment.

❖ **RECRUITMENT REGISTRATION FOR YOUR UNIVERSITY:**

- **YOU MUST** register for recruitment through your university's College Panhellenic association. Please call, write, or check the internet for your College Panhellenic recruitment information. Go to the university's Greek Life website, then look for Panhellenic.
- When you register with your campus Panhellenic (**this is required**), they will send you information about what you can expect during the recruitment process. Campus registration dates vary, so check their website or call to find out the deadline at your university. The information you receive usually has dress code guidelines and photo examples. Wear clothes that you feel good in and wear comfortable shoes. You will be standing and walking a lot.

❖ **REFERENCES FROM KAAPA**

- By submitting your résumé to the KAAPA, you are indicating to sorority alumnae in our area that you wish to be considered for sorority membership on the college campus you are planning to attend. Copies of the personal data provided by you on your résumé will be distributed to alumnae representatives in our area that are members of those sororities present on the college campus you are planning to attend.
- If a Kingwood sorority alumna writes a recommendation on your behalf for her sorority, she may request more details about some of your activities, honors/awards, and interests. Please be prepared to suggest the names of people who know you well such as a teacher, counselor, or close family friend.

❖ **SCHOLARSHIP**

- Every sorority wishes to maintain a high, chapter grade-point average. The sorority wants each student pledged to complete her education and remain involved with the sorority throughout her undergraduate years.

❖ **GPA REQUIREMENT**

- Some universities publish a GPA requirement of 2.5 (on a 4.0 scale) for admittance.

❖ **COMPATIBILITY**

- Sororities are based upon friendship, congeniality, and mutual ideals. The ability to get along with others and enjoy being with people of diverse personalities are desirable qualities.

❖ **INTEREST IN INVOLVEMENT**

- Those who are group-oriented and who enjoy working with people are more likely to contribute to sorority operations and to benefit from membership. Your list of high school activities does not need to be long if you indicate that you have truly participated in some activities, rather than being merely a “joiner” in many activities. It’s the quality of involvement over the number of activities that counts the most.

❖ **FINANCIAL RESPONSIBILITY**

- Membership dues finance each sorority. Women participating in the membership recruitment process should be aware of the cost of sorority membership and be willing to accept this financial obligation.

❖ **MEMBERSHIP COST**

- Expenses for sorority membership include new member fees, initiation fees, building fees, and dues. To obtain accurate information regarding the expenses for sorority membership on your campus, go to the university’s website and search for “Greek Life.”
- Review the material on the university website or contact the Panhellenic Council on the campus you are attending to find out specific costs for sorority membership at that particular campus. Fees vary by sorority. This information changes from year-to-year; the Panhellenic office at each campus has updated information regarding these costs and is your most reliable source for information.

❖ IT'S A MUTUAL DECISION

- National Panhellenic Conference (NPC) sororities are private, social organizations. These collegiate groups have the right to invite those recruits into their membership that they consider to be the best all-around fit for their organization. The privilege of choice is mutual for both the sorority and the recruit.
- It is best not to make up your mind about joining any sorority until you have met its active collegiate members. Remember that you are not joining a “name,” but choosing a closely knit group in which you expect to make lasting friendships in college and alumna life.
- Individual sororities differ from campus to campus, and there are girls in every sorority with whom you would develop lasting friendships. Enter recruitment with an open mind. Go to all the first-round parties you are invited to attend and give each group a chance.
- At the preferential “pref” signing at the end of the membership recruitment events, you are encouraged to list more than one sorority in order to maximize your chances for sorority membership. Please understand that when you receive your invitation for membership, it could be that your second or third choice is the one that has offered you membership.

❖ SOCIAL NETWORKS

- During the recruitment process, no sorority member will ever contact you through Facebook or Twitter and ask to be your friend. Most forms of social networking (i.e., Facebook, Twitter, Instagram, etc.) are accessible to others, including sorority members.
- Clean up your accounts **NOW**. Be careful about your security settings, accepting friends, and sharing personal information and private photos online. This type of information will be accessible to sorority members during the entire recruitment process.

❖ MORE RECRUITMENT TIPS

The recruitment process typically includes three or four events. These events are intended for you and the sorority membership to meet and for you to learn more about sorority life and their sorority. Since recruitment is a mutual selection process and each sorority is unique, don't prejudge one sorority by a stereotype given to you for the whole group.

The period of recruitment varies, but usually lasts for several days. If you would like to join a sorority, it is best to go through the recruitment process during your first year in college since recruitment classes are limited in size.

- Be careful what you put on your Facebook, Twitter, Instagram or any other social networking site. Sorority members may check your site to learn more about you. Make sure you don't have embarrassing information or pictures.
- Have genuine and honest conversations during recruitment. Members love to talk about their sororities.
- Spend time really getting to know the members.
- Seek accurate information from the college or university. Visit the university's Greek Life website to learn more about the sororities on campus and recruitment.
- Look for the group where you feel most comfortable.
- Be yourself. Keep an open mind. Trust the Process. Have fun!

❖ GREEK TERMINOLOGY

- **Active**

A collegiate, initiated member of a sorority chapter.

- **Advisors**

Alumna who offer guidance and counsel to the chapter members.

- **Alumna**

A sorority member who is no longer a member of a collegiate chapter; the plural is alumnae.

- **Bid Day**

The last day of recruitment, when potential new members receive bids to join chapters and become new members. Each chapter will usually host a Bid Day activity to help the new members get to know each other and the rest of the chapter.

- **Big Sister**

An active member of a chapter who is paired with a new member as a mentor.

- **Chapter**

A campus-based group of members that is affiliated with a National Panhellenic Conference organization.

- **College Panhellenic**

The cooperative organization composed of the chapters of National Panhellenic Conference (NPC) sororities on the campus. National Panhellenic conference is not to be confused with “Pan-Hellenic,” a governing body typically for African-American sororities. “Pan-Hellenic” is a completely separate organization, that although similar in name, is not affiliated with NPC.

- **Continuous Open Bidding (COB)**

An informal process that sororities use to take in new members after formal recruitment occurs. When a sorority holds COB, they simply contact a potential new member on their own and hold a series of informal events to get to know her better.

- **Initiation**

A traditional ceremony that brings a new member into full membership of a sorority or fraternity. Once you are initiated into an NPC sorority, you are ineligible for membership in any other.

- **Legacy**

Typically, this applies to a daughter, sister or granddaughter of an initiated member of a sorority. The term “legacy” may be defined differently by each sorority and/or campus. Being a legacy does not guarantee a bid to a particular sorority. Each inter/national organization has its own policy for invitations to legacies during recruitment.

- **National Panhellenic Conference (NPC)**

The umbrella body for 26 inter/national women’s fraternities and sororities.

- **Potential New Member (PNM)**

A woman who is eligible to participate in recruitment. On campuses that hold deferred recruitment during the second semester, chapters might use the term PNM to refer to any woman eligible for recruitment.

- **Recruit or Recruiting**

The name given to a collegiate who has officially registered with her College Panhellenic to participate in sorority recruitment. “Recruiting” includes any activities engaged in by college sorority members and/or their agents which attempt to influence and persuade a prospective recruit in favor of a particular sorority.

All people involved in this process are subject to the rules and conditions of the College Panhellenic and the National Panhellenic Conference. Infringement of these rules and conditions can bring penalties to the college chapter of the sorority involved.

- **Quota**

The number of potential new members to which each chapter can offer bids during recruitment. This is determined with a formula involving the number of chapters and the number of women participating in bid matching.

- **Recommendation**

A form completed by an alumna member of a sorority recommending a potential new member for membership. Recommendations may be more important at some campuses than others.

- **Recruitment**

Occurs early in the college life of an undergraduate woman. It may be an informal process of making friends who invite the undergraduate to become a member. Or it may be a more formal process that occurs during a time set aside especially for all the women who are interested in knowing more about the National Panhellenic Conference sororities on a campus.

- **Silence**

A period of time after the close of membership recruitment events and prior to the distribution of bids when there is no communication between potential new members and sorority members.

- **Snap Bidding**

Chapters may offer bids to potential new members whose preferences were not matched, meaning they would not be extended a bid by chapters they listed on their preference rankings after preference round. This process takes place before bids are distributed, and a potential new member would receive a phone call or other contact by a sorority offering her a snap bid. If she chooses to accept, the new member would participate in normal Bid Day activities.

- **Women's Fraternities/Sororities**

Friendship groups that enrich the college experience and continue for a lifetime.

❖ GREEK ALPHABET

- A – ALPHA [AL-FAH]
- B – BETA [BAY-TAH]
- Γ – GAMMA [GAM-AH]
- Δ – DELTA [DEL-TAH]
- E – EPSILON [EP-SIH-LON]
- Z – ZETA [ZAY-TAH]
- E – ETA [AY-TAH]
- Θ – THETA [THAY-TAH]
- I – IOTA [EYE-OH-TAH]
- K – KAPPA [CAP-AH]
- Λ – LAMBDA [LAMB-DAH]
- M – MU [MEW]
- N – NU [NEW]
- Ξ – XI [ZIE]
- O – OMICRON [OH-MIH-CRON]
- Π – PI [PIE]
- P – RO [ROE]
- Σ – SIGMA [SIG-MAH]
- T – TAU [TAW]
- Y – UPSILON [OOP-SIH-LON]
- Φ – PHI [FIE]
- X – CHI [KAI]
- Ψ – PSI [SIGH]
- Ω – OMEGA [OH-MEH-GAH]